



# COVID-19

# INDIVIDUAL CHECKLIST

PERSONAL CONSIDERATIONS	YES	NO
1. I have read and understand Netball NSW's		
<ul style="list-style-type: none"> <li>Essential Hygiene Protocols</li> </ul>		
<ul style="list-style-type: none"> <li>Return to Train &amp; Play Guidelines: Players</li> </ul>		
2. I will not attend netball if I am unwell or experiencing symptoms such as a cough, sore throat, fever, fatigue or shortness of breath.		
3. I understand Gloucester Netball encourages me to consider downloading the COVID-safe app		
4. I will sanitise my hands regularly at the courts (where appropriate)		
5. I will "Get In, Play, Get Out"		
6. I will maintain social distancing (1.5meters) where possible		
7. I will adhere to essential hygiene practices—eg cough into arm		
8. I will check in via the Attendance Register at the venue. This includes players, volunteers, spectators		
9. I will avoid physical contact, including body to body contact on the court where possible during games		
10. I will take my own labelled water bottle that I won't share		
11. I understand that anyone not playing an allocated position must not be on the tar section of the court whilst a game is in play (on court only 14 players, 2 umpires and 1 scorer allowed). 1 team manager allowed for junior games.		
12. I understand that only players, guardians and dependent children are allowed to attend netball during matches. Spectators are encouraged to watch from a vehicle where possible. Spectators should be kept to an absolute minimum.		
13. I understand that the committee will collect the team bibs at the end of the game to be laundered.		

Players Name: \_\_\_\_\_

Date: \_\_\_\_\_

Players Signature : \_\_\_\_\_

(Guardian Signature for players Under 16)